

AgariGold with H1X1 (Frequently asked questions)

Q: Why is Waiora's new product called AgariGold?

A: The product is called *AgariGold* because it contains an exclusive extract from a family of mushrooms called Agaricus Blazei. The mushroom and our patented hybrid form, H1X1 is so nutrient dense and powerful that it sets the gold standard among all medicinal mushrooms.

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Q: What is so special about the H1X1 hybrid mushroom used in AgariGold and how is it different from other mushrooms on the market?

A: H1X1 is a patent-pending superior hybrid mushroom. It's a hybrid of the original Piedade Agaricus Blazei mushroom, which can no longer be found in nature that was bred with another rare and powerful Agaricus mushroom that was accidentally discovered in a raspberry field in the mountainous region of coastal California. The resulting H1X1 hybrid is the most powerful Agaricus Blazei mushroom in the world—with higher beta-glucan levels and nutrient content than either of its parents or other medicinal mushrooms. The H1X1 mushroom is so unique that each crop is tested using DNA fingerprinting to ensure the product's efficacy.

The potency of H1X1 is also protected by a proprietary, organic growing process that replicates the growing conditions of the original Piedade region and ensures a consistent environment with each yield, including soil conditions, temperature and watering.

The H1X1's strain so unique and powerful that spores are locked in hidden, underground vaults in the U.S. and in Europe—and accessed only for DNA identification. Waiora now has the miracle Agaricus Blazei H1X1 hybrid mushroom in our groundbreaking product, *AgariGold with H1X1*.

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Q: What is the history of Agaricus Blazei? How was it discovered?

A: In a small mountain town in the rainforest area surrounding Sao Paulo, natives of this Brazilian region known as Piedade, lived long and healthy lives—rarely suffering from common illnesses and degenerative diseases. In the 1970s, researchers from the U.S. and Japan discovered that it was the consumption of a special kind of wild mushroom that was responsible for their good health and longevity. This species of mushroom is known as Agaricus Blazei. But, it wasn't just any Agaricus Blazei mushroom. This special kind of wild mushroom, untouched by urbanization, harvested from lush, virgin rainforest soil, produced health miracles not seen in Agaricus Blazei mushrooms grown in other areas of Brazil or anywhere else in the world. In fact, the Piedade natives referred to their locally grown Agaricus Blazei as, "the king of mushrooms" or "the mushroom of life."

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Q: When and how do I take the product?

A: You can take *AgariGold with H1X1* any time of the day, but it's recommended to take 5-7 drops once a day.

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Q: Why is the liquid brown?

A: The liquid formula in *AgariGold with H1X1* is brown as a result of the 10-stage extraction process that yields all of the key nutrients from both H1X1 and the second active ingredient, Sasa Bamboo leaf extract.

Q: What does it taste like?

A: *AgariGold with H1X1* has a mild, sweet flavor and reminds people of the taste of almonds or molasses.

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Q: Does it have to be taken straight or can it be dropped into other liquids or foods?

A: *AgariGold with H1X1* can be taken straight or put into food or your drink.

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Q: How many drops should I take? Can I take too much?

A: It's recommended to take 5-7 drops daily. The product is non-toxic and you will not be adversely affected by taking more. Anecdotal evidence suggests that 15-20 drops taken twice daily has therapeutic benefits. We suggest you contact a health professional who has experience with medicinal mushrooms for information on therapeutic uses.

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Q: Can children under the age of two take *AgariGold with H1X1*?

A: No. *AgariGold with H1X1* is not recommended for children under two.

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Q: Can pregnant or nursing mothers take *AgariGold with H1X1*?

A: While the product is safe and all natural, we recommend that pregnant or nursing mothers should consult with their physician before taking *AgariGold with H1X1*.

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Q: Can someone with an auto immune condition take *AgariGold with H1X1*?

A: We would recommend that someone with a compromised auto immune function consult with their physician before taking *AgariGold with H1X1*.

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Q: What's the significance of the DNA fingerprint and how is it done?

A: The breeding process that resulted in the H1X1 strain took years to develop. Each crop is tested using DNA fingerprinting technology to guarantee the properties of each new crop have not mutated and to ensure the product's potency.

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Q: Where do I go for related ingredient research on the strain of mushroom used in the *AgariGold with H1X1*?

A: General information on *Agaricus* mushrooms can be found on the internet. A specific H1X1 minisite with product research is in development.

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Q: What's so special about the substrate the mushrooms are grown in?

A: The process for growing H1X1 replicates the conditions of the original Piedade region and ensures a consistent growing environment. The substrate is a proprietary blend of the most natural soil-nourishing ingredients, is free of toxins, herbicides, and insecticides, and is closely monitored to ensure no fluctuation in the air temperature, humidity and/or water profile.

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Q: How long does it take to produce the mushrooms used in *AgariGold with H1X1*?

A: The growing period is two weeks from spore to mushroom.

Q: Approximately how many drops are in each bottle?

A: There are approximately 200 drops in each bottle of *AgariGold with H1X1*.

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Q: Should any special care be taken from heat or exposure to light with *AgariGold with H1X1*?

A: No. The product is not sensitive to heat or light, however we do recommend that you keep the product at room temperature.

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Q: What's the nutritional profile of Waiora's *AgariGold with H1X1*?

A: *AgariGold* has two active ingredients—the H1X1 hybrid *Agaricus* mushroom extract and the Sasa Bamboo leaf extract. *AgariGold* is power-packed with active nutrients including 18 amino acids - including all eight essential for life; 14 essential minerals; 46 enzymes; vitamins B1, B2, B3, B5; ergosterol; biotin; inositol; choline; and, essential fatty acids.

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Q: What's the significance of the bamboo that has been included as part of the proprietary blend?

A: The Sasa Bamboo leaf extract is from the northern Haikido islands of Japan. It has been used in Japan as a traditional medicine for hundreds of years. It is an exotic, very rare, powerful antioxidant. Sasa Bamboo is so strong that for many centuries the Sasa Bamboo leaf was used to wrap and preserve sushi for several days without refrigeration.

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Q: What makes the extraction process unique?

A: *AgariGold with H1X1* goes through a patented multi-stage pressure and hot water extraction process ensuring that every nutrient is captured -- more than 100 -- out of each mushroom, helping make it the gold standard for potency and purity.

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Q: Is *AgariGold with H1X1* all natural?

A: *AgariGold with H1X1* is an all natural product. It is a blend of these three ingredients: H1X1 extract, Sasa Bamboo leaf extract and purified mountain spring water.

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Q: Is *AgariGold with H1X1* organic?

A: The H1X1 hybrid mushroom in *AgariGold with H1X1* is USDA and JAS certified organic.

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Q: What if any preservatives have been added?

A: No preservatives have been added to *AgariGold with H1X1*. The Sasa Bamboo leaf extract acts as *AgariGold*'s natural preservative.

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Q: Can I take *AgariGold with H1X1* with other Waiora products?

A: For maximum benefit, it is suggested to combine Waiora products into your health and wellness regimen.

Q: Can I take *AgariGold with H1X1* if I am currently taking any prescription medications?

A: As a nutritional product, *AgariGold with H1X1* has no known adverse food-drug interaction. However, it is a good practice to consult with your doctor before taking nutritional supplements.

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Q: Is *AgariGold with H1X1* safe to be used on animals? If so, what is the recommended dose?

A: *AgariGold with H1X1* is safe to use on animals. Start with 3-9 drops daily. May step up to 15 drops three times a day.

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Q: Is *AgariGold with H1X1* safe to apply topically?

A: *AgariGold with H1X1* is safe to use topically.

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Q: Can I take *AgariGold with H1X1* with Natural Cellular Defense?

A: Absolutely. *Natural Cellular Defense* and *AgariGold with H1X1* are complementary products. They have different mechanisms of action and, combined, provide a powerful daily regimen for health and wellness.

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Q: What are the FDA allowable health benefits?

- Promotes overall health and well-being.
 - Plays a role in immune system modulation.*
 - Supports Natural Killer (NK) Cell activity.*
 - Nourishes the digestive system.*
 - Supports a healthy cardiovascular system.*
 - Supports normal blood sugar levels.*
 - Protects against free radical damage.*
 - Promotes energy.*
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Q: Are there clinical studies on H1X1?

A: These studies will be available at the time of product launch.

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Q: What is the shelf life of the product?

A: The shelf life of *AgariGold with H1X1* is two years.

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Q: Is this product exclusive to Waiora?

A: Yes, Waiora has negotiated an exclusive product license for the global direct selling market with the manufacturer of *AgariGold with H1X1*.

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Q: Will *AgariGold with H1X1* be sold in Waiora's other open markets?

A: Yes, as soon as the product has been registered.

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Q: What is beta-glucan? What is its significance?

A: Beta-glucan is a unique compound derived from the cell walls of yeast. It triggers an immune response in the body creating a system of defense against viral, bacterial, fungal, parasitic or neoplastic invaders. Beta-glucan also has potent antioxidant and free radical scavenging capabilities.

Q: What are NK Cells?

A: Natural Killer (NK) cells are cells that contain granules filled with potent chemicals. They are called "natural" killers because they do not need to recognize a specific antigen before swinging into action. They target tumor cells and protect against a wide variety of infectious microbes.

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Q: Does this stimulate the immune systems? Is this dangerous?

A: *AgariGold with H1X1* modulates the immune system. Essentially this means that it helps to ensure your immune systems, stays balanced. There will be periods where your immune system is challenged and your levels are higher or lower than they should be, in which case the H1X1 will step in and help to bring the levels back into balance.

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Q: What is *AgariGold with H1X1*'s mechanism of action?

A: The most exciting story about *AgariGold with H1X1* is its *mechanism of action*.

Simply put, H1X1 uses powerful ingredients within the blend like beta-glucans, arabinoxylan, lignin and ergosterol to protect your cells. The beta-glucans, arabinoxylan and lignin help upregulate cytokines (cellular messengers within your immune system) to help your cells fight off intruders. This trio also serves an antimutagenic purpose—helping you reduce your risk if you have a predisposition to a genetic mutation. As an added element of protection, the ergosterol functions as an angiogenesis—helping to slow the growth and development of unhealthy cells.

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Q: I heard that mushrooms are high in heavy metals. Is that true of the mushrooms used in *AgariGold with H1X1*?

A: As mushrooms grow, they tend to absorb elements from the environment—air, water and soil. So you need to be very careful when eating or using mushrooms. The H1X1 featured in *AgariGold* is grown in a special facility in which all of the environmental factors are controlled. An organic substrate has been created to grow the mushrooms in and filtered water is used to hydrate them to ensure there are no harmful metals or toxins present. And since the growing environment is contained, it is not necessary to use any harmful pesticides, herbicides or insecticides to protect the mushrooms from predators.